

# Glennis McCarthy

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## SUMMARY

Experienced improv and comedy teacher with an extensive performance background; specialized training at UCB NY. Committed to inspiring creativity and building confidence in students of all ages. Looking to bring enthusiasm and expertise to a forward-thinking program.

## EDUCATION

Associate of Arts - Screenwriting

*LA Valley College | 2022-Present*

Upright Citizens Brigade Theatre - New York, NY

*2005 - 2012*

- Completed levels 101-401; placed on a UCB Harold team
- Workshops with UCB Founders Amy Poehler, Ian Roberts, Matt Walsh, and Matt Besser
- Solo Show, Character, and Sketch Writing classes

## PROFESSIONAL EXPERIENCE (Selected)

Instructor - Business Improvisations' Improv for MBA Students

*Columbia University Business School/Various, New York City/Los Angeles | 2009-2015*

- Facilitated Business Improvisations' "Improvisational Leadership for MBAs" program for MBA students at Columbia University Business School as well as various executive MBA programs.
- Focused on enhancing business skills through the application of improvisational techniques and principles, fostering collaborative and innovative team dynamics.

Instructor - Musical Improvisation 101

*UCB Theatre, New York City | 2008-2009 / 2012*

- Conducted 8-week classes introducing students to the fundamentals of musical improv.

- Instructed students on various musical genres, basic tagline and v/c song structures, and long-form improvisation techniques, giving them the skills needed for their class show and beyond.
- Facilitated exercises to enhance students' ability to think quickly, collaborate, and create a cohesive musical hero's journey.

#### Workshop Facilitator - Think Funny-Think Fast: The Mini-Musical

*Lincoln Center for the Performing Arts, New York City | 2008-2011*

- Guided elementary and middle school students through various musical improv techniques to demonstrate how to create funny songs on the spot.
- Fostered a positive and encouraging learning environment, allowing kids to explore their creativity and develop confidence.
- Demonstrated an age-appropriate improvised musical, incorporating different genres and styles.
- Integrated cross-curricular concepts, relating the workshop content to theater, music, choral, and English/Language Arts/ESL.

#### Private Improv Coach

*BBC America, New York City | 2007*

- Provided private improv coaching to BBC America reality personalities, helping them develop personalities and spontaneity for on-camera engagement.
- Guided participants in understanding comedic timing, effective communication, active listening, and the art of collaborating with diverse individuals and clients.
- Facilitated mock improv scenes and role-playing scenarios to prepare them for interactions while maintaining authenticity.
- Ensured a supportive and encouraging coaching environment to help improv first-timers build their confidence and overcome performance anxiety.

#### PERFORMER (Selected)

Actor - Various

*New York/Los Angeles | 2005 - Present*

- Part of the original cast of the New Electric Company with Lin-Manuel Miranda, Greta Lee, and others.

- Bit performer on Late Night with Conan O'Brien.
- Signed with Don Buchwald & Associates, CESD, and Innovative for on-camera and voice over commercial.
- Booked national commercial and voice over campaigns for major brands like Progresso, Johnson & Johnson, Pop Tarts, E\*trade, Ragu, and more. Starred alongside Anderson Cooper, 2Chainz, Awkwafina, Jerry Stiller, T.J. Jagodowski, and Peter Grosz.

#### Original Solo Show - Cave Girl the Musical

*Hollywood/Maui Fringe Festivals | 2019-2020*

- Created, performed, and produced an original solo show for the Hollywood Fringe Festival; the official selection of the Maui Fringe Festival.
- Conceived original show concept through improvisation, exploring personal themes with a blend of storytelling, singing, and comedy.
- Received acclaim and recognition, winning the coveted "Encore! Producers Award" at the Hollywood Fringe Festival.
- Received Hollywood Fringe nominations for "Best Solo Show" and the "Conversation Starter" awards.

#### I Eat Pandas - Two-Person Musical Improvisation

*Various, US | 2007-2012*

- Created a two-woman musical improvisation show to compete in the 3-on-3 competition at UCB NY; awarded a coveted weekend performance slot at UCBT NY.
- Performed and taught at various comedy festivals across the country including the San Francisco Comedy Festival, Oberlin College, the Providence Improv Fest, Chicago Improv Fest, Philly Improv, and Charleston's Comedy and Piccolo Spoleto festivals.
- Produced by WET Productions at the DR2 (off-Broadway) in NYC.

#### Baby Wants Candy

*NYC/LA/Canada | 2009-2015*

- Created improvised musicals with a cast of the best improvisers in the country, including Jack McBrayer, Jeff Hiller, and Nicole Parker.
- Performed off-Broadway and at UCB NY/LA.

- Originated the role of Katherine Kavanaugh in BWC's "50 Shades! The Musical Parody" - US/Canada Tour, Kirk Douglas Theatre (LA), orig. cast album.

## SKILLS

- Coaching improvisation and musical improv
- Teaching and workshop facilitation
- Creating original characters
- Directing and production
- Creative writing and content development
- Communication and public speaking abilities
- Leadership and team-building